

FINDING YOUR PASSION(S)

Use this workbook to begin to name your passions. Pair it with the companion audio reflection in my Resources Library.



Coloring doodles by Charlene LeBlanc

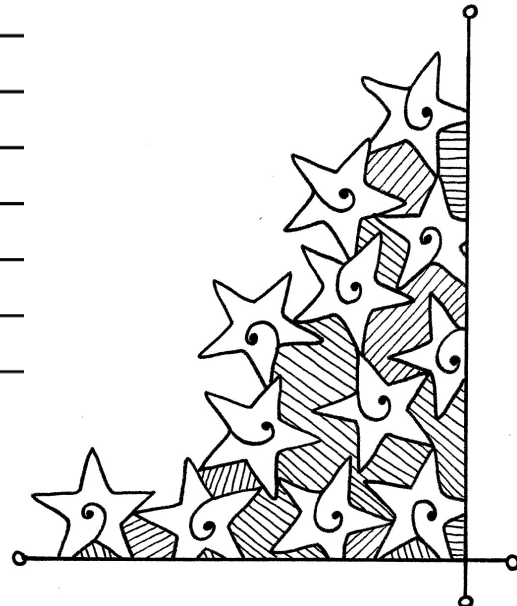


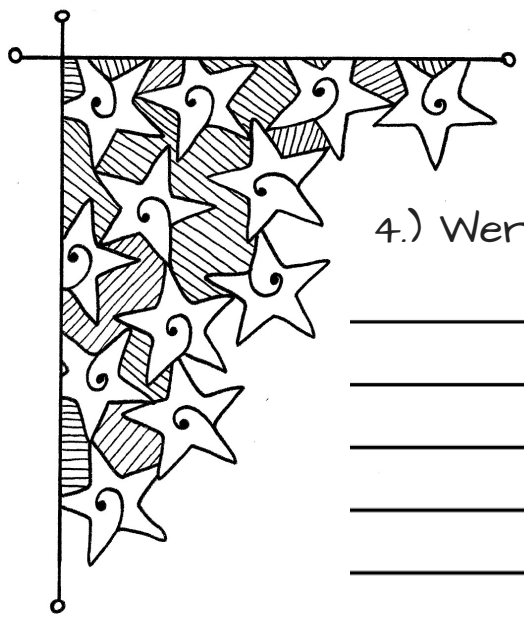
2.) What were some of your childhood hobbies or interests?

Lined writing area for question 2, consisting of 12 horizontal lines.

3.) Did you collect anything?

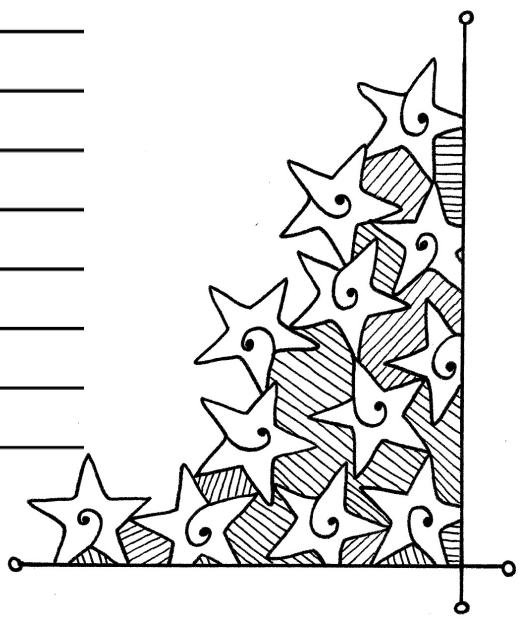
Lined writing area for question 3, consisting of 12 horizontal lines.

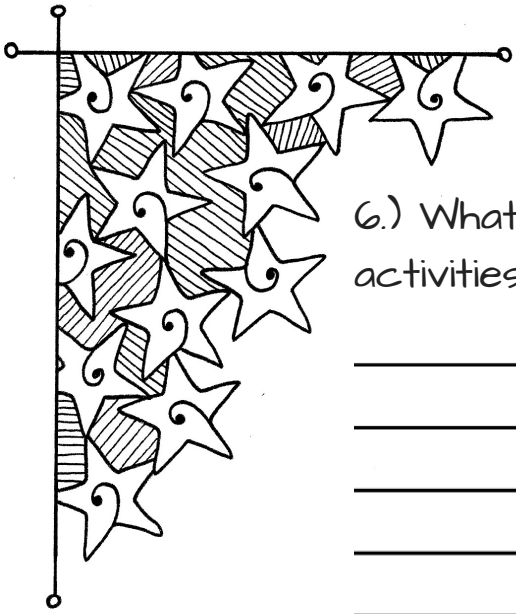




4.) Were you a member of any clubs?

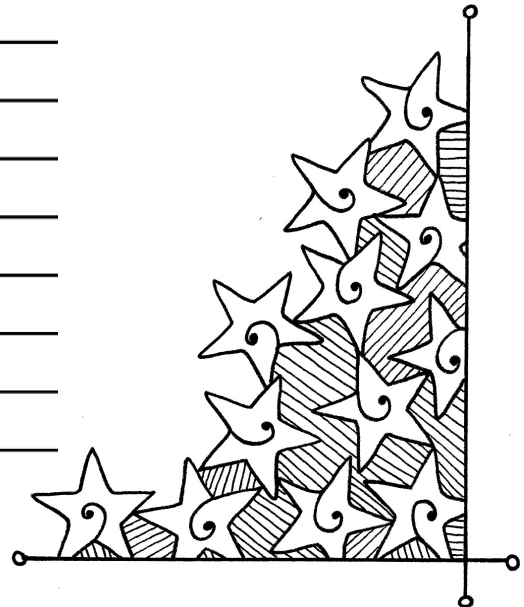
5.) What kind of extra-curricular activities or classes were you involved in?

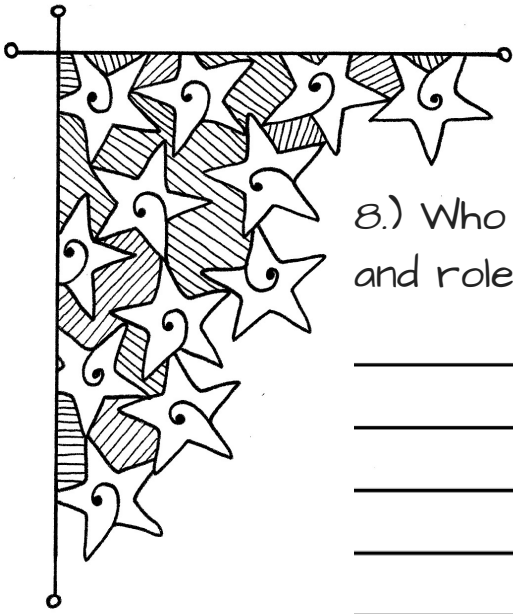




6.) What were your favorite summer camp activities?

7.) Were there any consistent themes or scenarios in your childhood play?

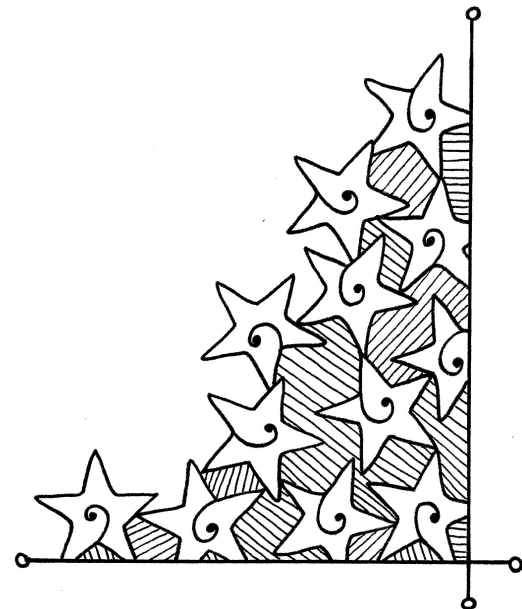


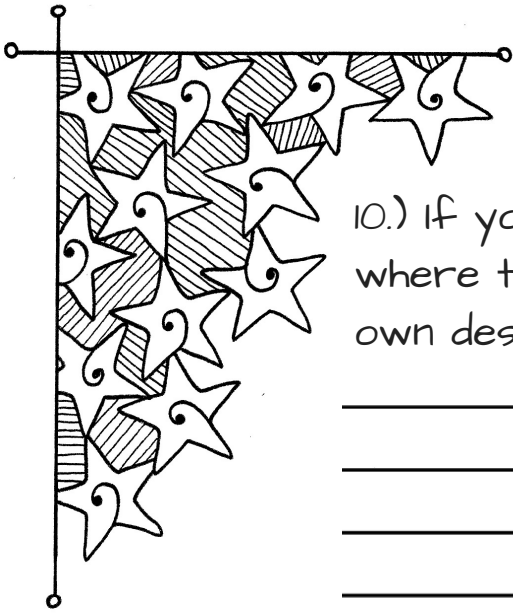


8.) Who were your favorite childhood characters and role models?

Now, gently bring your thoughts back into the present.

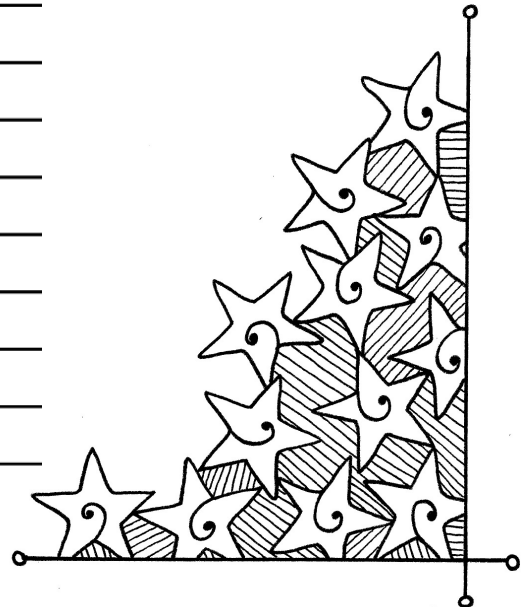
9.) If someone asked you today what you would like to be when you grow up, what would your answer be?

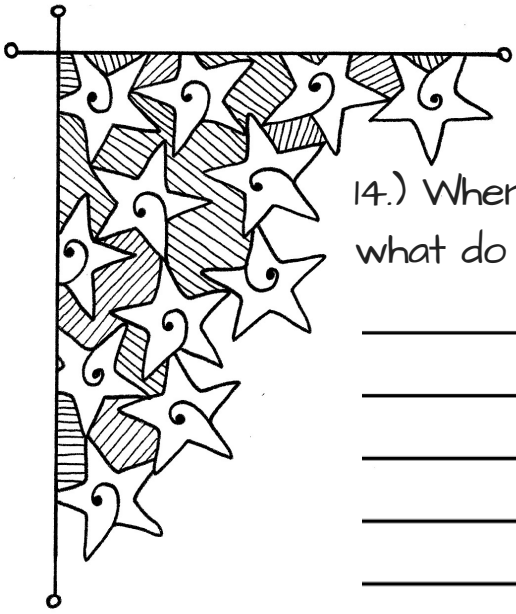




10.) If you were granted extra hours in your day where the focus would only be on you and your own desires, how would you spend that time?

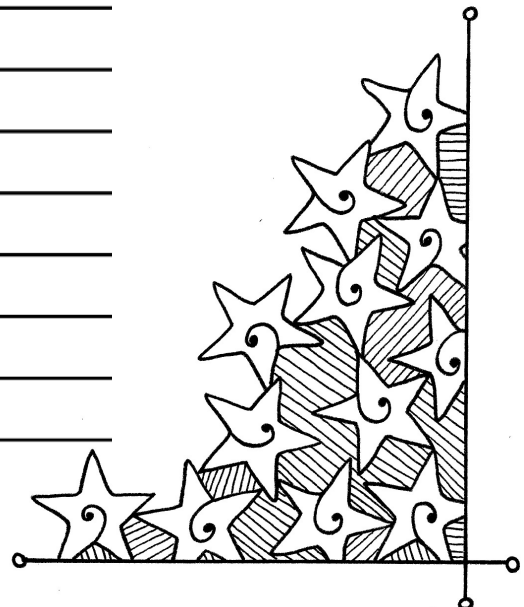
11.) What is the one thing on your to-do-list that you wish you could make more time for every day?

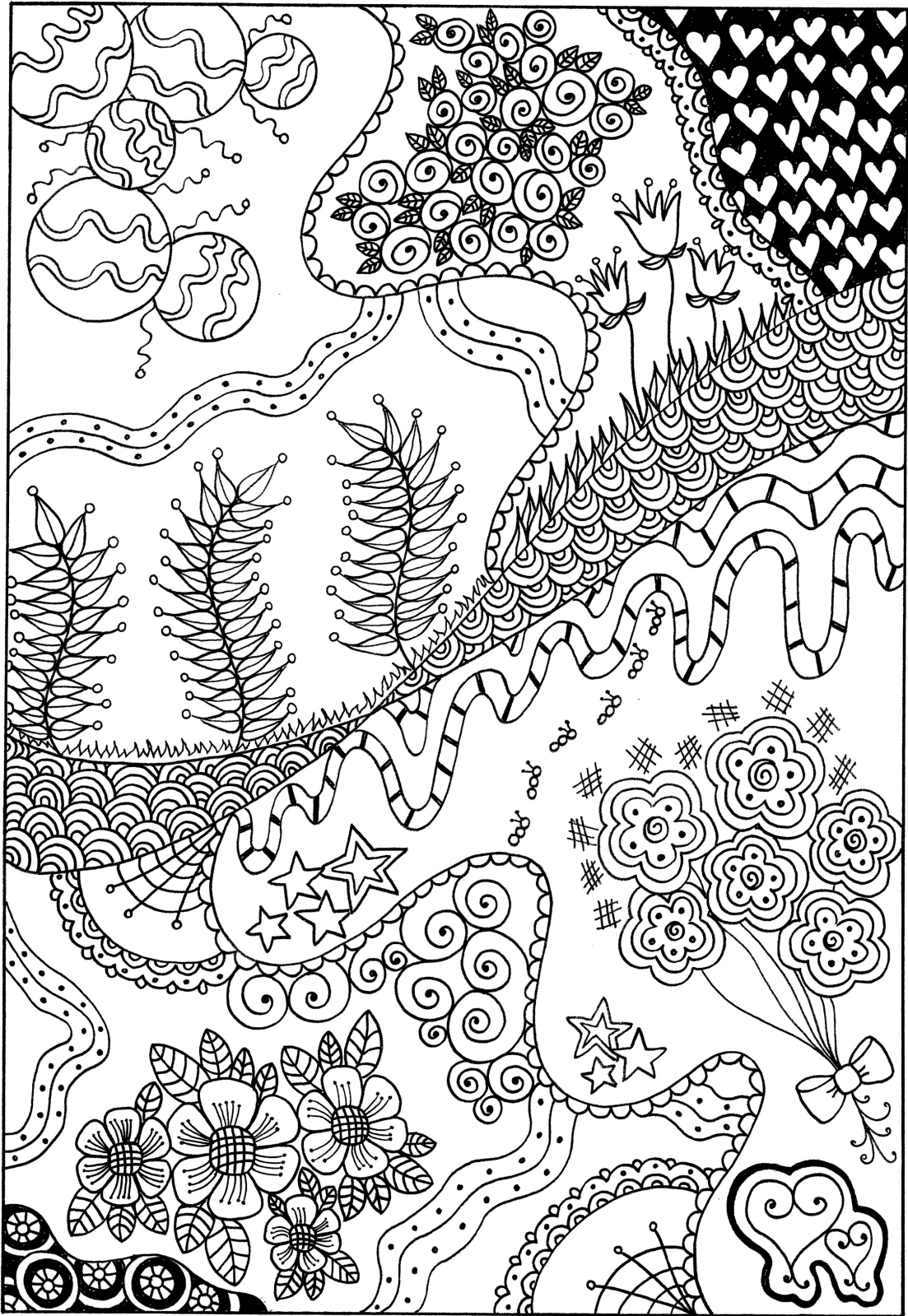




14.) When relative strangers pay you compliments, what do they say?

15.) When your close friends and colleagues pay you compliments, what do they say?





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