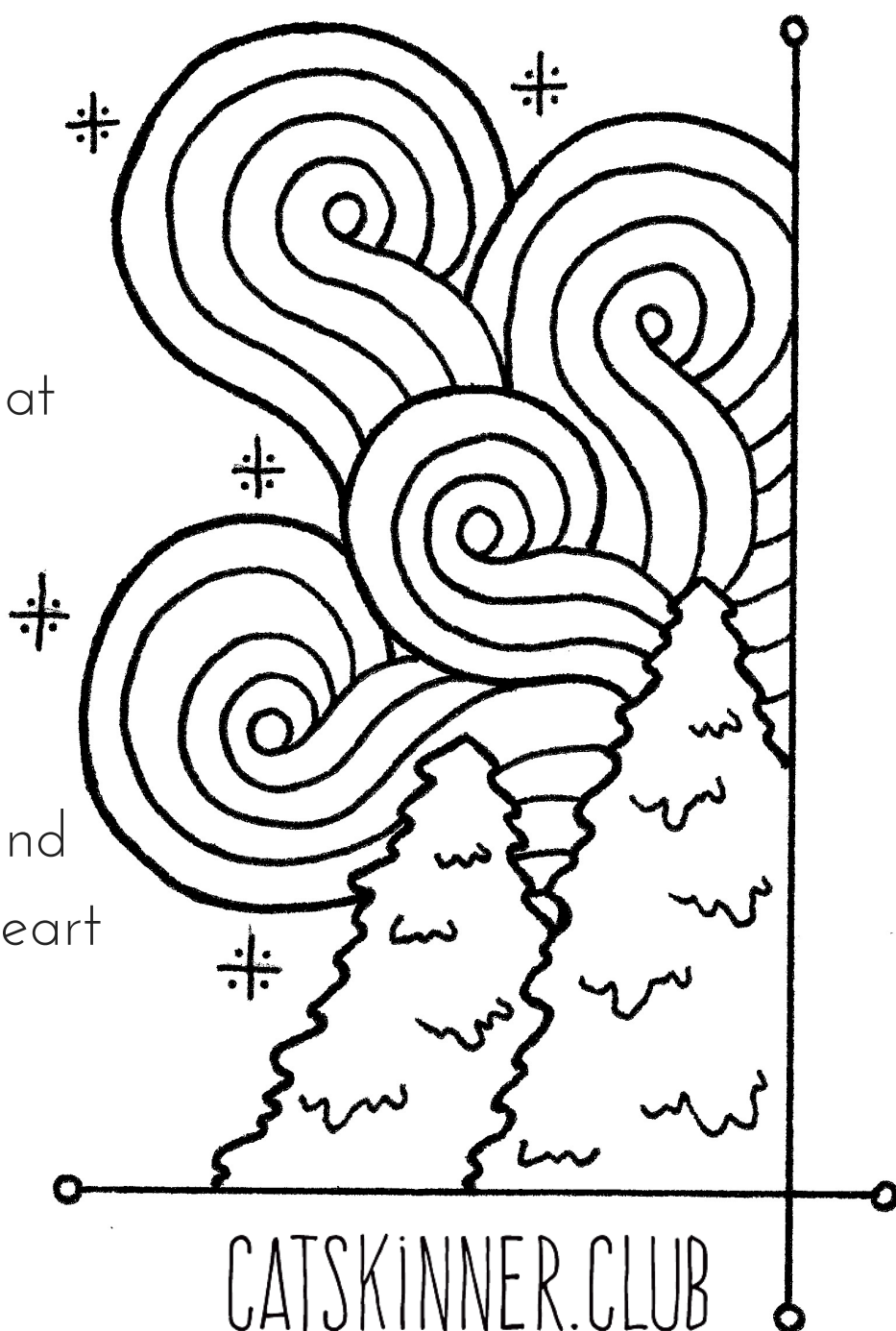


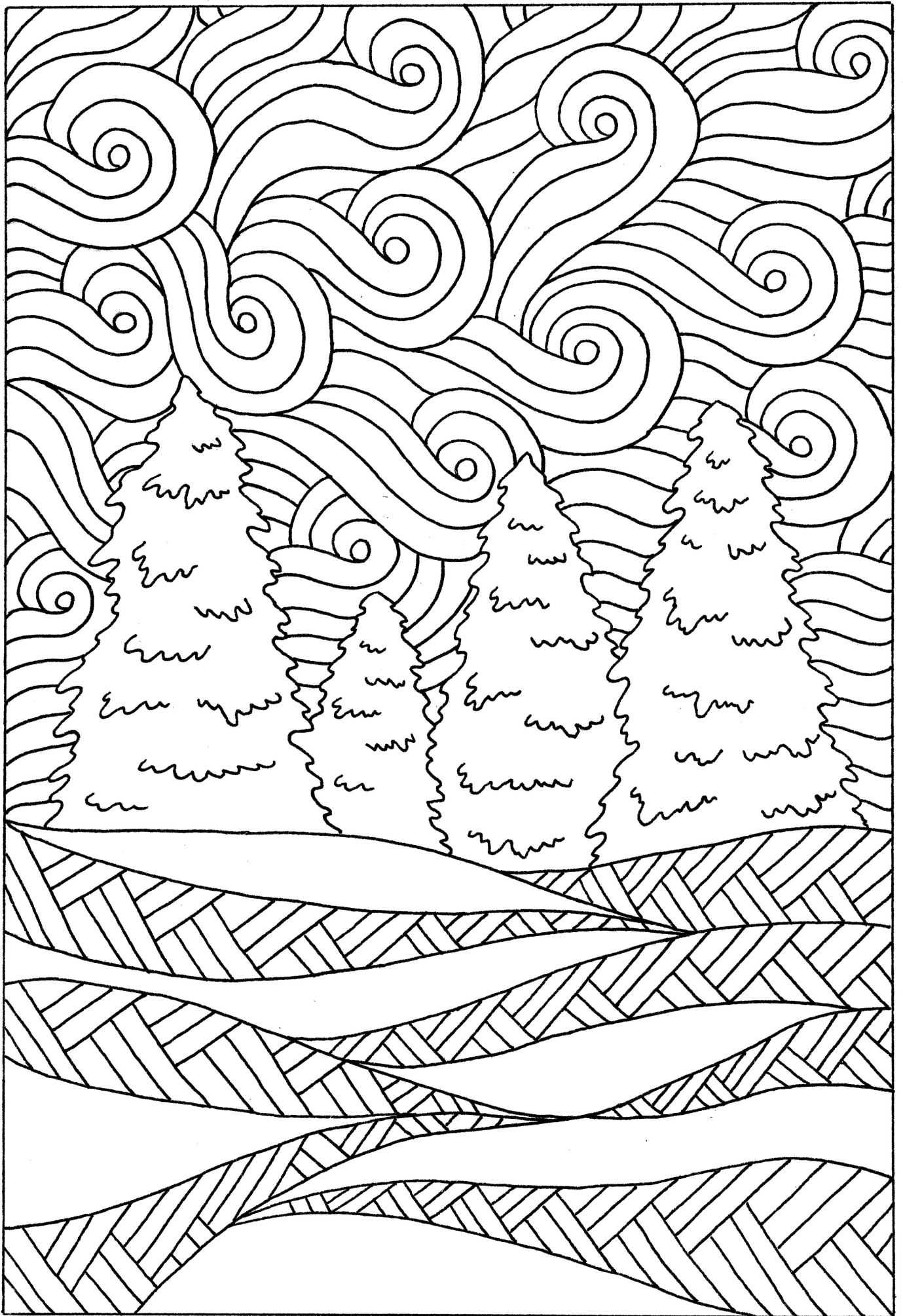
# My New Year Intentions

## A MEDITATIVE COLORING JOURNAL

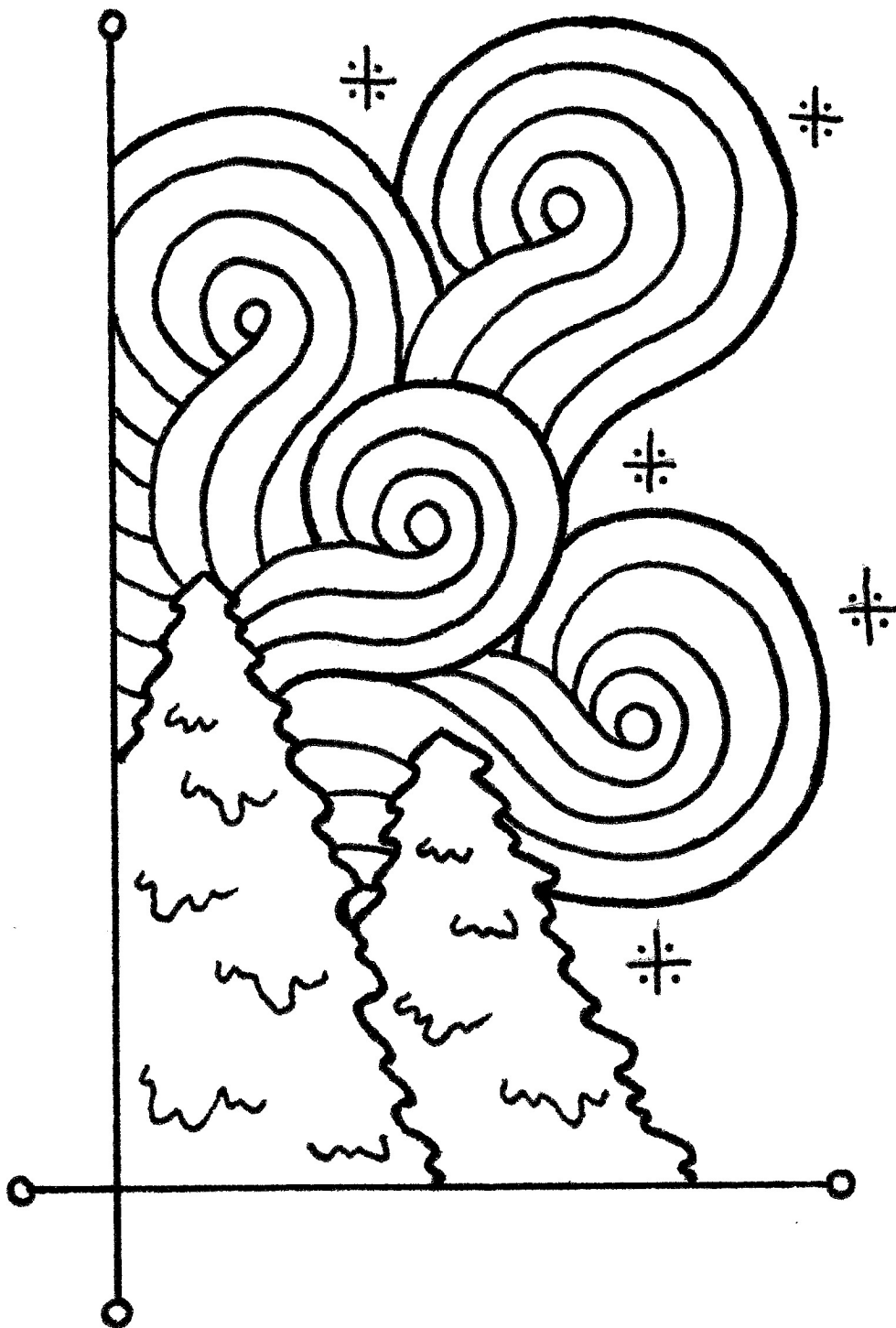
Create intentions,  
emotions, direction.  
Release anything that  
you wish.  
Be free.  
Be passionate.  
Be colorful.  
Celebrate, reflect, and  
reveal what your heart  
desires.

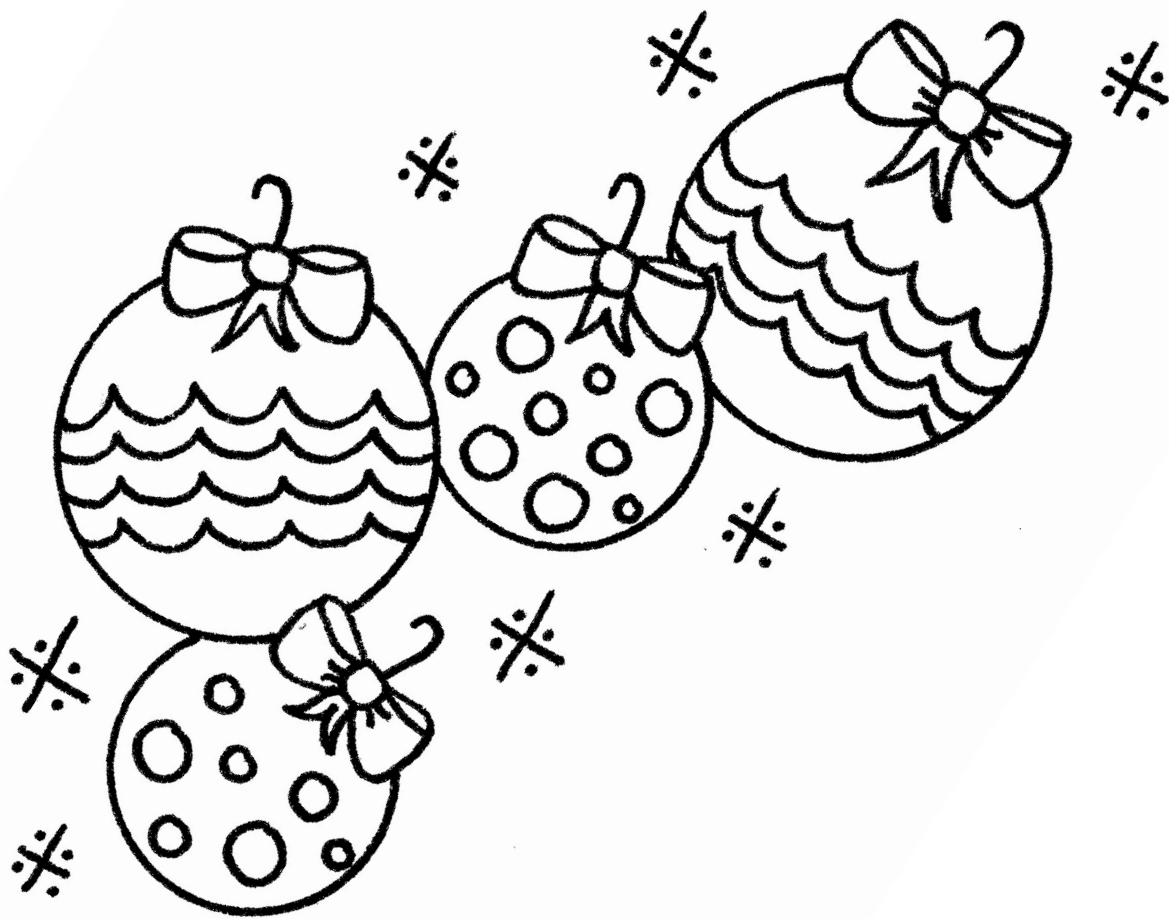


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Fill this page with the feelings,  
activities, intentions and goals you'd  
like to experience in the new year





Fill this page with the feelings,  
activities, intentions and goals  
you most associate with  
joy and passion.



Fill this page with the feelings,  
activities, experiences and  
attitudes you would like to release to  
the winds.

